Ente Nazionale di Promozione Sportiva
(Riconosciuto dal CONI ai sensi del D.Lgs.n. 242/1999)

Ente Nazionale con Finalità Assistenziali
(Riconoscimento Ministero Interni decreto n.559/C5730/12000/A)

Associazione Nazionale di Promozione Sociale
(Iscritta al Registro Nazionale n. 44 ai sensi della Legge n.383/2000)

SETTORE NUOTO

Open water competition guidelines (FIN guidelines for open water sector plus integration of ACSI Nuoto swimming guidelines)

The ACSI Swimming sector is among the very first to have accepted the challenge of organizing a non-professional POST health emergency sporting event. However, in compliance with ALL, it will be MANDATORY to respect the following guidelines throughout the course of the event:

FOR ATHLETES

BEFORE THE RACE

- SEND BY EMAIL SELF-CERTIFICATION (ATTACHED TO THE FOLLOWING GUIDELINES) PENALTY THE EXCLUSION TO THE RACE; IF THE REGISTRATION IS ON THE RACE FIELD, IT WILL ALSO BE COMPULSORY TO COMPLETE SELF-CERTIFICATION.
- IT IS MANDATORY TO ALWAYS RESPECT THE MINIMUM DISTANCE OF 1 METER FROM TECHNICIANS, ATHLETES, JUDGES
- KEEP ALL PERSONAL ITEMS IN ONE BAG
- CHECK YOUR BATTERY AND YOUR NUMBER ON THE EVENT SITE OR ON YOUR OWN EMAIL.
- GO TO THE STARTING AND PUNCHING AREA ONLY WHEN INDICATED BY THE ORGANIZERS
- SUBJECT TO THE MEASUREMENT OF BODY TEMPERATURE AT THE TIME OF PUNCHING

DURING THE RACE

- IMMEDIATELY AFTER PUNCHING THE SWIMMERS WILL TAKE A POSITION IN THE WATER ON THE APPROPRIATE START LINE
- ACCORDING TO THE TYPE OF THE EVENT, IT IS NECESSARY TO PROVIDE A STARTING MODE THAT ENCOURAGES SOCIAL DISTANCE
- DEPARTURES MAY COME IN ONE OF THE TWO FOLLOWING MODES:–

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- BATTERY DEPARTURES OF A MAXIMUM OF 20 ATHLETES WITH A MINIMUM INTERVAL OF 5 MINUTES FROM EACH OTHER, DIVIDED BY SWAGS OF SWIMMERS DIVIDED IN GROWING AGE OF AGE
- ROLLING START: MINIMUM TEMPORAL DISTANCE OF 30 SECONDS AND WITH 5 MAXIMUM ATHLETES PER START). FORESEE THE SEPARATION BETWEEN MEN AND WOMEN IN THE ROLLING - START DEPARTURES.

AFTER THE RACE

- THE ATHLETES JUST ARRIVED MUST RESPECT THE RULES ON THE DISTANCE AND CANNOT STOP IN THE WORK AREA

FOR ORGANIZERS

BEFORE THE RACE

- DISTRIBUTE AND / OR INFORM ALL PARTICIPANTS ON THE ANTI COVID GUIDELINES
- ENSURE THAT ALL PARTICIPANTS HAVE DELIVERED SELF-CERTIFICATION
- MEASURE BODY TEMPERATURE THROUGH LASER THERMOMETER AT THE TIME OF PUNCHING
- BRIEFING AND PUNCHING MUST HAPPEN AT THE SAME TIME. AS AN ALTERNATIVE, BRIEFING CAN BE SENT BY EMAIL AND PUBLISHED ON THE EVENT'S CHANNELS IN ADVANCE WITH RESPECT TO THE RACES.

- MAKING THE STARTING BATTERIES AND THE NUMBERS TO BE ASSOCIATED WITH THE PARTICIPANTS PUBLIC AND CONSULTABLE TELEMATICALLY, INDICATING, IF POSSIBLE, EVEN THE SCHEDULED TIME FOR THE START OF EACH BATTERY
- THE CALL MUST BE MADE WITH A MICROPHONE OR A MEGAPHONE

- THE BRIEFING / PUNCHING CHAMBER, IF PRESENT, MUST BE ORGANIZED OUTDOORS WITH 4 FILES OF 5 CHAIRS EACH OPPORTUNITY SPACED
- THE JUDGE WHO WILL BE IN CHARGE OF PUNCHING MUST BE EQUIPPED WITH GLOVES AND MASK
- BETWEEN THE PUNCHING OF ONE SCAGLIONE AND THE OTHER PROVIDE THE CLEANING OF THE CHAIRS WITH SANITIZING PRODUCTS

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- PREDICT DEPARTURES OF A MAXIMUM OF 20 ATHLETES PER TIME OR PREDIC

DURING THE RACE

- PROVIDE FOR A ROPE / LANE / PONTOON THAT GUARANTEES THE DISTANCE OF AT LEAST 1 METER BETWEEN THE STARTING PARTICIPANTS
- THE DEPARTURE MUST BE PLACED IN A DIFFERENT POSITION FROM THE ARRIVAL
- PREDICT DEPARTURES OF SCALIONS OF 20 PEOPLE AT A TIME (DIVIDED IN GROWING ORDER ACCORDING TO AGE ') AT A DISTANCE OF 5 MINUTES EACH OTHER. AS AN ALTERNATIVE, PROVIDE DEPARTURES WITH ROLLING START MODE WITH A MINIMUM TEMPORAL DISTANCE OF 10 SECONDS AND WITH 5 MAXIMUM ATHLETES PER START
- PREPARE A FENCED TRANSIT BENCH FOR TECHNICIANS AND ATHLETES

ARRIVAL

- REFRESHMENTS AND BUFFETS ARE FORBIDDEN
- ONLY A BOTTLE SEALED WITH WATER AND SEALED ENERGY BARS MAY BE PLACED ON A TABLE

DURING ALL THE EVENT

- TO GUARANTEE THE DISINFESTATION OF COMMON SPACES, PUNCHING CHAIRS AND ALL THE MATERIAL THAT IS HANDLED BY MULTIPLE PEOPLE
- PROVIDE DEDICATED STAFF FOR THE CONTROL OF FLOWS AND PASSAGES

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